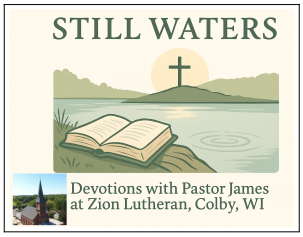
Date: June 7, 2026
Suggested Reading: Mark 14:12–25
Text: Mark 14:22
“Take; this is My body.”



Food for Weary Souls

Most of us understand what it feels like to come home exhausted. After a long day of work, school, chores, stress, or disappointment, we drag ourselves through the door worn down and hungry. Sometimes we don’t even realize how tired we really are until we finally sit down.

Our souls can become weary the same way. Sin weighs heavy on us. Harsh words linger in our minds. Guilt follows us around. Failures and regrets pile up. We try to carry them quietly, but eventually the burden becomes too heavy. That is why Jesus gave the Sacrament of the Altar.

Holy Communion is not decoration for a church altar or a ritual we simply repeat out of habit. Jesus gives His true Body and Blood because sinners need forgiveness as surely as hungry people need food.

At His table Jesus does not invite perfect people. He welcomes weary sinners. He places into our mouths the very gifts won at the cross: forgiveness, peace, comfort, and salvation.

The devil wants us to believe we are too broken, too sinful, or too far gone. Jesus says otherwise. Jesus says, “For you.” Those two words stand at the center of the Sacrament. For you Jesus suffered. For you Jesus died. For you Jesus forgives. Through His Supper He continues to strengthen weak and burdened Christians until the day we feast with Him forever.

Prayer:
Dear Jesus, thank You for feeding weary sinners with Your forgiveness and mercy. Strengthen our faith and help us trust Your promises whenever our hearts grow tired and burdened. Amen.

Thought for the Day:
Jesus does not invite us to His Table because we are worthy. He invites us to make us worthy, because He is merciful.

Hymn: LSB 618 — I Come, O Savior, to Thy Table

Zion
PO Box 438
301 N. 2nd St.
Colby, WI 54421
715-223-2166

Pastor James Groleau
Shepherd@JamesPlace.net
Phone: 320-336-8149

ZionColby.org

316-Sermons by Phone:
715-316-4098
(No Internet or Smart Phone needed)

